

## PHOSPHO-AMPK (THR172) KITS

Part # 64MPKPET

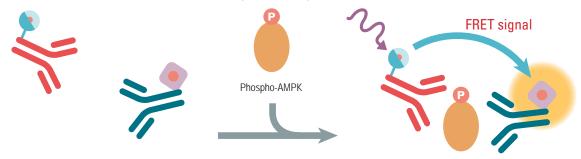
Test Size#: 1 x 96 tests (64MPKPET)
Revision: #06 of September 2023

Store at: ≤-60°C

For research use only. Not for use in diagnostic procedures.

### **ASSAY DESCRIPTION**

This assay is intended for the simple, rapid and direct detection of endogenous levels of AMPK in cells, only when phosphorylated at Thr172. Upon activation, AMPK is phosphorylated and after lysis of the cell membrane, phospho-AMPK (Thr172) can be detected using the kit reagents.



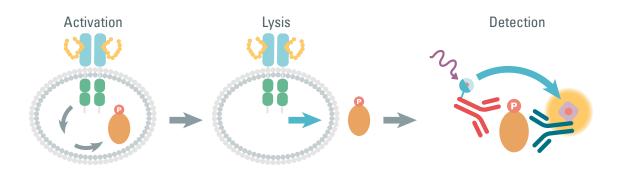
As shown here, phospho-AMPK (Thr172) is detected in a sandwich assay format using 2 different specific antibodies, one labelled with Eu<sup>3+</sup>-Cryptate (donor) and the second with d2 (acceptor).

When the dyes are in close proximity, the excitation of the donor with a light source (laser or flash lamp) triggers a Fluorescence Resonance Energy Transfer (FRET) towards the acceptor, which in turn fluoresces at a specific wavelength (665 nm). The specific signal modulates positively in proportion to phospho-AMPK (Thr172).

If you are using adherent cells please refer to the "transfer" assay manual where cells are plated, stimulated and lyzed in the cell culture plate then lysates are transferred to a HTRF® 96 well-detection plate for the detection of phospho-AMPK (Thr172) by HTRF reagents.

If you are using suspension cells please refer to the "no transfer" assay manual, where detection of phospho-AMPK (Thr172) with HTRF reagents is performed in a single HTRF 96-well detection plate used for plating, stimulation and detection (no washing steps required).

### **ASSAY AT A GLANCE**



		Nb	Volume per vial	Storage
Phospho-AMPK Eu Cryptate antibody	red cap	1	10 μL	≤-16°C
Phospho-AMPK d2 antibody	blue cap	1	10 μL	≤-16°C
Control lysate (ready-to-use)	green cap	1	150 μL	≤-60°C
Blocking reagent* (stock solution 100X)	purple cap	1	300 µL	≤-16°C
Lysis buffer* # 1 (stock solution 4X)	transparent cap	1	2 mL	≤-16°C
Detection buffer** (ready-to-use)	orange cap	1	0.5 mL	≤-16°C
HTRF 96 well detection plate		1		RT

<sup>\*</sup> Amounts of reagents provided are sufficient for generating 8 mL of cell lysate.

### STORAGE STABILITY

Antibodies, control lysate and buffers should be stored frozen at ≤-60°C until use.

Thawed lysis buffer, detection buffer and blocking reagent can be stored at 2-8°C in your premises.

Thawed antibodies are stable 48 hours at 2-8°C; they can be refrozen (at ≤-16°C) and thawed at least one more time.

Control lysate must be stored frozen at ≤-60°C. Thawed control lysate can be refrozen (at ≤-60°C) and thawed one more time.

### **REAGENT PREPARATION**

Allow all reagents to thaw before use.

We recommend centrifuging the vials gently after thawing, before pipeting the stock solutions.

### **CONTROL LYSATE SOLUTION: READY-TO-USE**

The control cell lysate is only provided as an internal assay control to check the quality of the results obtained. The window between control lysate and negative control should be greater than 2.

### PREPARATION OF ANTIBODY WORKING SOLUTIONS

HTRF reagent concentrations have been set for optimal assay performances. Note that any dilution or improper use of the d2 and Cryptate-antibodies will impair the assay's quality. Be careful, as working solution preparation for antibodies may differ between the different kit sizes.

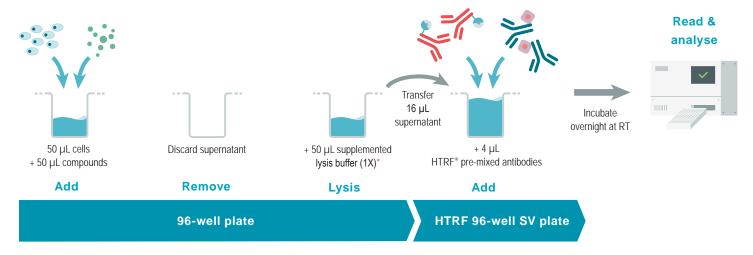
Antibody working solutions are stable for 2 days at 2-8°C.

Dilute the antibodies with detection buffer, and just prior to dispensing, pre-mix (1vol/1vol) the Phospho-AMPK Eu Cryptate antibody & the Phospho-AMPK d2 antibody. In practice:

Phospho-AMPK d2 antibody working solutions		antil	PK Eu Cryptate body solutions	antibody & Phos	pho-AMPK Eu Cryptate spho-AMPK d2 antibody ng solutions
Acceptor- antibody (10 µL)	200 µL detection buffer	Cryptate- antibody (10 µL)	200 µL detection buffer	1 volume Acceptor- antibody working solution	1 volume Cryptate- antibody working solution
Add 200 $\mu L$ of detection buffer to the 10 $\mu L$ of Acceptorantibody stock solution.		Add 200 µL of detection buf antibody stock solution.	fer to the 10 µL of Cryptate-	Phospho-AMPK d2 antibod	PK d2 antibody to 210 μL of

<sup>\*\*</sup> The Detection Buffer is used to prepare working solutions of acceptor and donor reagents.

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<sup>\*</sup>Depending on cell lines used, volume of lysis buffer should be optimized.

For other culture formats, please refer to the recommended volumes in the table below

Cell culture microplate/flask	Cell seeding	Volume of lysis buffer after medium removal
96-well	25 - 100 x 10 <sup>3</sup> cells / well	50 μL
24-well	140 - 550 x 10 <sup>3</sup> cells / well	250 µL
12-well	290 - 1,150 x 10 <sup>3</sup> cells / well	500 μL
6-well	700 - 2,800 x 10 <sup>3</sup> cells / well	1,5 mL

## PREPARATION OF SUPPLEMENTED LYSIS BUFFER FOR «TRANSFER» ASSAY MANUAL ON ADHERENT CELLS

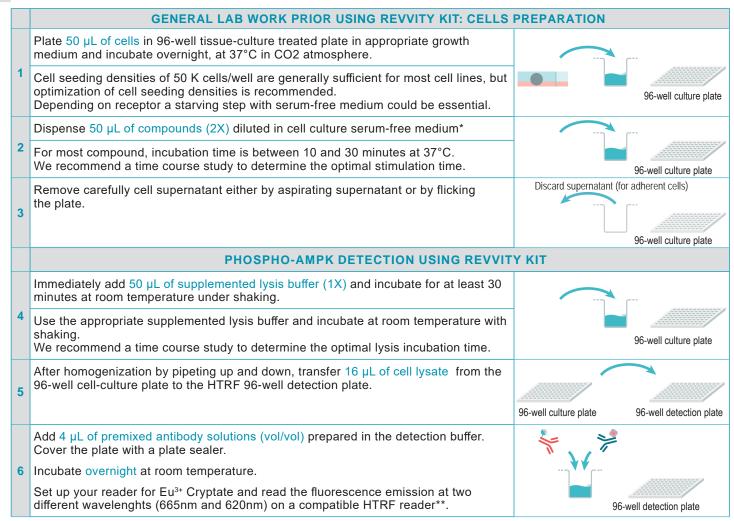
Make sure that the lysate has been generated by using the kit reagents.

Supplemented lysis buffer differs between the manuals. Make sure to use the appropriate supplemented lysis buffer depending on the chosen manual's specification.

Prepare the required amount of supplemented lysis buffer before running the assay, working solutions are stable for 2 days at 2-8°C.

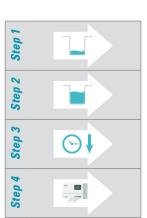
Determine the amount of supplemented lysis buffer needed for the experiment. For example, in a 96-well culture plate, use  $50 \mu L$  of lysis buffer. Prepare 1X lysis buffer solution and then dilute the blocking reagent stock solution 100-fold with this lysis buffer 1X. In practice:

Transfer assay manual on adherent cells			
Preparation of lysis buffer 1x	Dilution of the blocking reagent		
1 volume 3 volumes	1 volume 99 volumes		
Lysis buffer 4X Distilled water	Blocking reagent Lysis buffer 1X		
Dilute the "lysis buffer 4X" 4-fold with distilled water to prepare lysis buffer 1X: Take 2 mL of lysis buffer 4X and add it to 6 mL of distilled water. Mix gently.	Dilute the "blocking reagent" 100-fold with "Lysis buffer 1X":  Take 80 µL of "Blocking reagent stock solution" and add it to 7.92 mL of lysis buffer 1X.  Mix gently.		



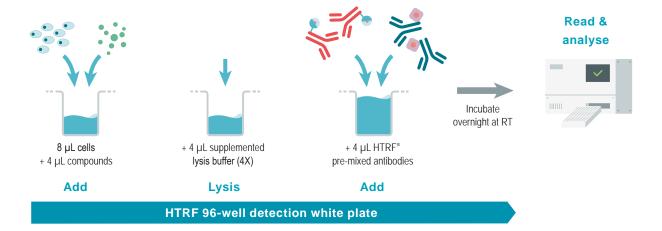
<sup>\*\*</sup>For more information about HTRF compatible readers and for set-up recommendations, please visit our website at: www.revvity.com

### STANDARD MANUAL FOR TRANSFER ASSAY MANUAL IN 20 µL FINAL VOLUME (AFTER LYSIS STEP)



Non treated cell lysate lysate		control lysate	Negative control		
Dispense 16 µL of non treated cell lysate Dispense 16 µL of treated cell lysate		Dispense 16 µL of control lysate	Dispense 16 µL of supplemented lysis buffer(1X)		
Dispense 4 µL of Premix antibody solutions: Phospho-AMPK d2 antibody & Phospho-AMPK Eu Cryptate antibody					
Cover the plate with a plate sealer. Incubate overnight at room temperature.					
Remove the plate sealer and read on an HTRF compatible reader					

The Negative control is used to check the non-specific signal. The ratio between control lysate signal / non-specific signal should be greater than 2.



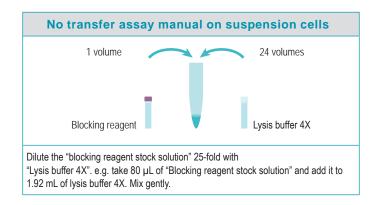
### PREPARATION OF SUPPLEMENTED LYSIS BUFFER «NO TRANSFER» ASSAY MANUAL ON SUSPENSION CELLS

Make sure that the lysate has been generated by using the kit reagents.

Supplemented lysis buffer differs between the manuals. Make sure to use the appropriate supplemented lysis buffer depending on the chosen manual's specification.

Prepare the required amount of supplemented lysis buffer before running the assay, working solutions are stable for 2 days at 2-8°C.

Determine the amount of supplemented lysis buffer needed for the experiment. Each well requires 4µL of supplemented lysis buffer. Dilute the blocking reagent stock solution 25-fold with lysis buffer 4X. In practice:



## GENERAL LAB WORK PRIOR USING REVVITY KIT: CELLS PREPARATION Dispense 8 µL of cells in the HTRF 96-well detection plate in your appropriate medium. Cell seeding densities of 16 K cells/well are generally sufficient for most cell lines, but optimization of cell seeding densities is recommended. 96-well detection plate Depending on receptor a starving step with serum-free medium can be included. Dispense 4 µL of compounds (3X) diluted in your appropriate medium. For most compounds, incubation time is between 10 and 30 minutes at 37°C. We recommend a time course study to determine the optimal stimulation time. 96-well detection plate PHOSPHO-AMPK DETECTION USING REVVITY KIT Add 4 µL of supplemented lysis buffer (4X). Use the appropriate supplemented lysis buffer and incubate for at least 30 minutes at room temperature under shaking. 96-well detection plate We recommend a time course study to determine the optimal lysis incubation time Add 4 µL of premixed antibody solutions (vol/vol) prepared in the detection buffer. Cover the plate with a plate sealer. Incubate overnight at room temperature. Set up your reader for Eu<sup>3+</sup> Cryptate and read the fluorescence emission at two different wavelenghts (665nm and 620nm) on a compatible HTRF reader\*. 96-well detection plate

## STANDARD MANUAL FOR NO TRANSFER ASSAY MANUAL IN 20 $\mu L$ FINAL VOLUME

		Non treated cell lysate	Treated cell lysate	Negative control	Control lysate
AL LAB	Step 1	Dispense 8 μl of cells			-
GENERAL	Step 2	Add 4 µL of your appropriate medium	Add 4 µL of compound (3X)	Add 12 μL of your appropriate medium	Dispense 16 µL of control lysate
CTION	Step 3	Add 4 $\mu L$ of supplemented lysis buffer (4X) and incubate for at least 30 minutes / RT			-
AMPK DETEC STEPS	Step 4	Dispense 4 μL of Premix antibody solutions: Phospho-AMPK d2 antibody & Phospho-AMPK Eu Cryptate antibody			
PHO-	Step 5	C	<b>)</b> .		
PHOS	Step 6				

The Negative control is used to check the non-specific signal. The ratio between control lysate signal / non-specific signal should be greater than 2.

<sup>\*</sup>For more information about HTRF compatible readers and for set-up recommendations, please visit our website at: www.revvity.com

1. Calculate the ratio of the acceptor and donor emission signals for each individual well.

Ratio = 
$$\frac{\text{Signal 665 nm}}{\text{Signal 620 nm}} \times 10^4$$

2. Calculate the % CVs. The mean and standard deviation can then be worked out from ratio replicates.

For more information about data reduction, please visit www.revvity.com

### **RESULTS**

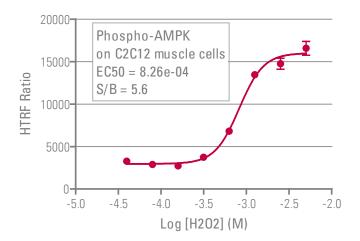
These data should be considered only as an example (readings on PHERAstarFS with flash lamp). Results may vary from one HTRF® compatible reader to another.

The curves are drawn up by plotting HTRF® Ratio versus the log [compound] concentrations.

Results on C2C12 cells (50,000 cells/well), using the two-plate assay manual for adherent cells.

Cells were treated with H2O2 for 10 minutes and then lysed with 50 µL of supplemented lysis buffer #4 for 30 minutes at room temperature.

		Phosph	o-AMPK
[H2O2] (mM)	log [H2O2] (M)	Mean Ratio	CV%
0 (basal)	-4,4	3276	6%
0,078	-4,1	2894	2%
0,156	-3,8	2728	3%
0,312	-3,5	3747	3%
0,625	-3,2	6807	3%
1,25	-2,9	13455	3%
2,5	-2,6	14763	6%
5	-2,3	16573	7%
Negative	e control	1288	3%
Contro	l lysate	6039	4%

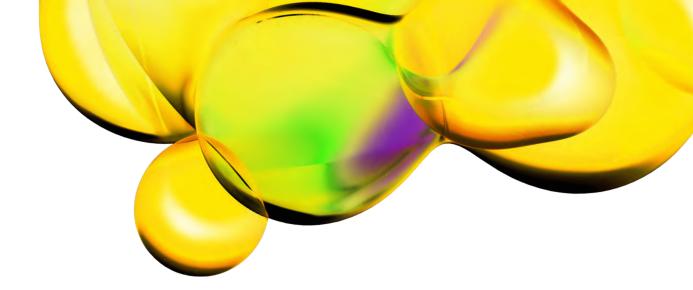


# GENERAL LAB WORK PRIOR USING REVVITY KIT: CELLS AND LYSATE PREPARATION FREQUENTLY ASKED QUESTIONS / TROUBLESHOOTING PARAMETERS

Using adherent cells, allow time for your cells to recover after plating	Allow cells to regain full signaling capacity by plating them at least 6 hours before starting the pharmacological treatment.
Depending on the pathway, a serum starving step could be essential to reduce the basal level activity. This step should be optimized case-by-case.	Advice on cell culture conditions prior using Revvity kit:  - For adherent cells  Before treating the cells with compounds, remove culture media from the plate and replace it with serum-free media before incubating from 2 hours up to overnight at 37°C.  - For suspension cells  Starvation step should be carried out in the flask. Harvest cells by centrifugation and re-suspend cells at a suitable cell density in serum-free media, incubate from 2 hours up to overnight at 37°C.
Generation of lysates	Ensure that the lysates used for the assay have been generated by using the HTRF® lysis buffer supplemented with the HTRF® blocking reagent, provided in the kit.  Lysates generated with HTRF® buffers can be used in other technologies, like Western-blot. The blocking reagent contains only phosphatase inhibitors that prevent dephosphorylation of phosphorylated proteins from active serine/threonine and tyrosine phosphatases  The lysis buffer is effective for creating cell extract under non denaturing conditions from both plated cells and cells pelleted from suspension cultures.
Using the two-plate assay manual, a low signal can often be improved by adjusting lysis volumes.	In most cases, a typical adherent cell line grown in 96-well plates is readily detected in a lysis volume of 50 $\mu$ L. However, the lysis volume can be adjusted from 25 $\mu$ L to 200 $\mu$ L.
Using an improper cell density can induce poor sensitivity and low signal	Check that the cell density is correct. Too high or low cell numbers can affect assay performances
Parameters such as cell density, stimulation time and lysis incubation time should be optimized for each cell line used.	The assay can be used for many adherent and non-adherent cell types, including transfected cell lines and primary cells. However, the expression and phosphorylation of the readout of interesrcan vary from one cell line to another. Depending on the type of treatment, and the temperature, the stimulation time can vary widely. Because of this, we recommend a time course study to determine the optimal compound incubation time.  Depending of the nature of your cells, lysis time may vary from 30' to 1h. Because of this, we also recommend determination of the optimal time.
Fluorescence reading	Using an inappropriate set-up may seriously impair the results.  For information about HTRF® compatible readers and for set-up recommendations, please visit our website at:  www.revvity.com
Assaying for multiple targets from a single lysate.	The two-plate assay manual indicates the use of 16µL of lysate per well, whereas the 96-well cell culture microplate would generate 50µL (or more) of lysate. Therefore, a typical cell lysate can be assayed for many targets, given that temporal and expression level constraints can vary from one target to another.
Batch production of cell lysates example of T175 flask	General lab work - prior using Revvity kit:  Day1: Dispense 8 million cells in T175cm2, add 25 mL of cell culture complete medium and incubate 2 days at 37°C, 5% CO2.  Day3: cell stimulation  Remove cell culture medium by aspiration, wash once (do not detach the cells), add 5 mL of agonist (1x) diluted in FCS free medium and incubate at 37 ° C, 5% CO2, for the optimized time. Phospho-AMPK detection using Revvity kit:  Day3: cell lysis  Remove stimulation medium, wash once (do not detach the cells), add 3 ml of 1X HTRF® lysis buffer supplemented with the HTRF® blocking reagent for 30 min at Room Temperature under orbital shaking. Transfer the cell lysate to a 15 mL vial, centrifuge 10 min, 2400 rcf at RT, recover cell lysate supernatant and store aliquots at ≤-60°C. For long term conservation, aliquots should be stored in liquid nitrogen.

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