MANUAL

AlphaLISA® Total Ghrelin (Human) Detection Kit

Product number: AL3012 HV/C/F

Research Use Only. Not for use in diagnostic procedures.

Product Information

Application: This kit is designed for the quantitative determination of Ghrelin in human serum, human plasma and cell culture supernatants using a homogeneous AlphaLISA assay (no wash steps).

Sensitivity: Lower Detection Limit (LDL): 90.2 pg/mL

Lower Limit of Quantification (LLOQ): 236.7 pg/mL

EC_{50}: 10.1 ng/mL

Dynamic range: 90.2 – 100 000 pg/mL

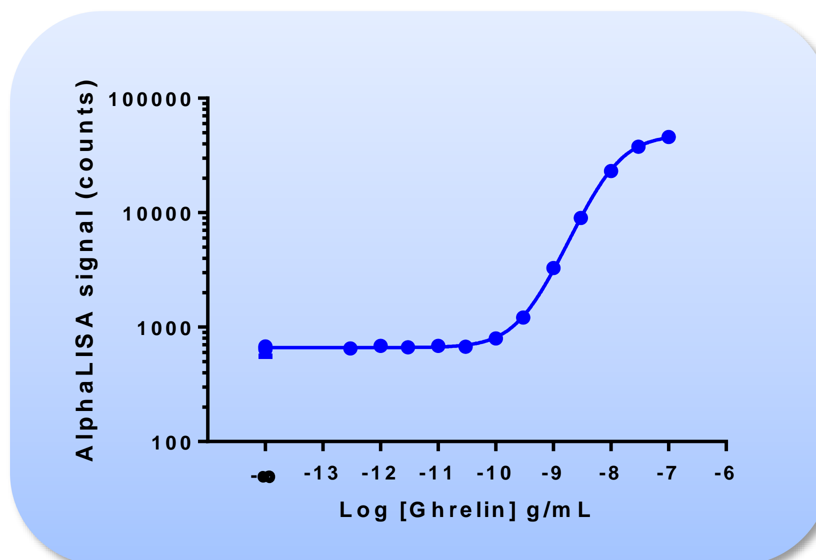


Figure 1. Typical sensitivity curve in AlphaLISA Hi-Block Buffer. The data was generated using a white Optiplate™-384 microplate and the EnVision® Multilabel Plate Reader 2103 with Alpha option.

Storage: Store kit in the dark at +4˚C. For reconstituted analyte aliquot and store at -20 °C. Avoid freeze-thaw cycles.

Stability: This kit is stable for at least 12 months from the manufacturing date when stored in its original packaging and the recommended storage conditions.

Analyte of Interest

Ghrelin is a peptide hormone consisting of 28 amino acids that functions as a hormone in the gastrointestinal tract and as a neuropeptide in the central nervous system by binding the ghrelin receptor. Ghrelin exists in two main forms, an acylated (active) and deacylated (inactive) form. Ghrelin is derived from a pre-pro form after several stages of enzymatic processing and is secreted when the stomach is empty. Ghrelin acts to increase hunger (appetite) and to ensure stomach acid preparedness for food intake. Ghrelin has been shown to play a role as a reward molecule by interacting with dopaminergic neurons in the brain. Interestingly, leptin seems to have a contradictory role to ghrelin where it suppresses appetite and reward pathways. Ghrelin is being intently studied for its role in the regulation of appetite, sleep and circadian rhythm, its anti-inflammatory effect on the gastrointestinal tract, and depression. This AlphaLISA detection kit allows for the detection of total ghrelin levels in serum, plasma, and cell culture supernatants.

Description of the AlphaLISA Assay

AlphaLISA technology allows the detection of molecules of interest in buffer, cell culture media, serum and plasma in a highly sensitive, quantitative, reproducible and user-friendly mode. In an AlphaLISA assay, a Biotinylated Anti-Analyte Antibody binds to the Streptavidin-coated Alpha Donor beads, while another Anti-Analyte Antibody is conjugated to AlphaLISA Acceptor beads. In the presence of the analyte, the beads come into close proximity. The excitation of the Donor beads provokes the release of singlet oxygen molecules that triggers a cascade of energy transfer in the Acceptor beads, resulting in a sharp peak of light emission at 615 nm (Figure 2).

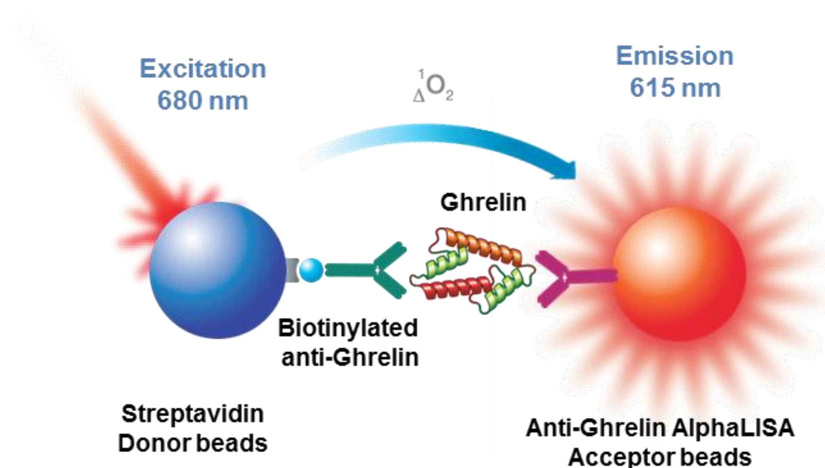


Figure 2. AlphaLISA Assay Principle.

Precautions

- The Alpha Donor beads are light-sensitive. All the other assay reagents can be used under normal light conditions. All Alpha assays using the Donor beads should be performed under subdued laboratory lighting (< 100 lux). Green filters (LEE 090 filters (preferred) or Roscolux filters #389 from Rosco) can be applied to light fixtures.
- Take precautionary measures to avoid contamination of the reagent solutions.
- The Biotinylated Anti-Analyte Antibody contains sodium azide. Contact with skin or inhalation should be avoided.

Kit Content: Reagents and Materials

Kit components	AL3012HV (100 assay points***)	AL3012C (500 assay points***)	AL3012F (5000 assay points***)
AlphaLISA Anti- Ghrelin Acceptor beads stored in PBS, 0.05% Kathon, pH 7.2	40 µL @ 5 mg/mL (1 brown tube, white cap)	100 µL @ 5 mg/mL (1 brown tube, white cap)	1 mL @ 5 mg/mL (1 brown tube, white cap)
Streptavidin (SA)-coated Donor beads stored in 25 mM HEPES, 100 mM NaCl, 0.05% Kathon, pH 7.4	80 µL @ 5 mg/mL (1 brown tube, black cap)	200 µL @ 5 mg/mL (1 brown tube, black cap)	2 x 1 mL @ 5 mg/mL (2 brown tubes, black caps)
Biotinylated Anti-Ghrelin Antibody stored in PBS, 0.1% Tween-20, 0.05% NaN_3, pH 7.4	60 µL @ 500 nM (1 tube, black cap)	150 µL @ 500 nM (1 tube, black cap)	1.5 mL @ 500 nM (1 tube, black cap)
Lyophilized Human Ghrelin*	0.1 µg (1 tube, clear cap)	0.1 µg (1 tube, clear cap)	0.1 µg (1 tube, clear cap)
AlphaLISA Hi-Block Buffer (10X)**	2 mL, 1 small bottle	10 mL, 1 medium bottle	100 mL, 1 large bottle

* Reconstitute lyophilized analyte in 100 µL Milli-Q® grade H_2O. The reconstituted analyte should be used within 60 minutes or aliquoted into screw-capped polypropylene vials and stored at -20°C for future experiments. Avoid freeze-thaw cycles. One vial contains an amount of analyte sufficient for performing 10 standard curves. Additional vials can be ordered separately (cat # AL3012S).

** Extra buffer can be ordered separately (cat # AL004C: 10 mL, cat # AL004F: 100 mL).

*** The number of assay points is based on an assay volume of 100 µL in 96-well plates or 50 µL in 96- or 384-well assay plates using the kit components at the recommended concentrations.

Sodium azide should **not** be added to the stock reagents. High concentrations of sodium azide (> 0.001 % final in the assay) might decrease the AlphaLISA signal. Note that sodium azide from the Biotinylated Antibody stock solution will not interfere with the AlphaLISA signal (0.0001% final in the assay).

Specific additional required reagents and materials:

The following materials are recommended:

Item	Suggested source	Catalog #
TopSeal™-A Plus Adhesive Sealing Film	Revvity Inc.	6050185
EnVision®-Alpha Reader	Revvity Inc.	-

Recommendations

- The volume indicated on each tube is guaranteed for single pipetting. Multiple pipetting of the reagents may reduce the theoretical amount left in the tube. To minimize loss when pipetting beads, it is preferable not to pre-wet the tip.
- Centrifuge all tubes (including lyophilized analyte) before use to improve recovery of content (2000g, 10-15 sec). Re-suspend all reagents by vortexing before use.
- Use Milli-Q® grade H_2O (18 MΩ•cm) to dilute 10X AlphaLISA Hi-Block Buffer and to reconstitute the lyophilized analyte.
- When diluting the standard or samples, change tips between each standard or sample dilution. When loading reagents in the assay microplate, change tips between each standard or sample addition and after each set of reagents.
- When reagents are added to the microplate, make sure the liquids are at the bottom of the well.
- Small volumes may be prone to evaporation. It is recommended to cover microplates with TopSeal-A Adhesive Sealing Films to reduce evaporation during incubation. Microplates can be read with the TopSeal-A Film.
- The AlphaLISA signal is detected with an EnVision Multilabel Reader equipped with the Alpha option using the AlphaScreen standard settings (e.g. Total Measurement Time: 550 ms, Laser 680 nm Excitation Time: 180 ms, Mirror: D640as, Emission Filter: M570w, Center Wavelength 570 nm, Bandwidth 100 nm, Transmittance 75%).
- AlphaLISA signal will vary with temperature and incubation time. For consistent results, identical incubation times and temperature should be used for each plate.
- The standard curves shown in this technical data sheet are provided for information only. A standard curve must be generated for each experiment.

Assay Procedure

IMPORTANT: PLEASE READ THE RECOMMENDATIONS BELOW BEFORE USE

- The protocol described below is an example for generating one standard curve in a 50 µL final assay volume (48 wells, triplicate determinations). The protocols also include testing samples in 452 wells. If a different amount of samples are tested, the volumes of all reagents have to be adjusted accordingly, as shown in the table below. These calculations do not include excess reagent to account for losses during transfer of solutions or dead volumes.
- The standard dilution protocol is provided for information only. As needed, the number of replicates or the range of concentrations covered can be modified.
- Use of four background points in triplicate (12 wells) is recommended when LDL/LLOQ is calculated. One background point in triplicate (3 wells) can be used when LDL/LLOQ is not calculated.

			Volume				
Format	# of data points	Final	Sample	AlphaLISA Acceptor beads	Biotinylated Antibody	SA-Donor beads	Plate recommendation
AL3012HV	100	100 µL	10 µL	20 µL	20 µL	50 µL	White OptiPlate-96 (cat # 6005290) White ½ AreaPlate-96 (cat # 6005560)
AL3012C	250	100 µL	10 µL	20 µL	20 µL	50 µL	White OptiPlate-96 (cat # 6005290) White ½ AreaPlate-96 (cat # 6005560)
	500	50 µL	5 µL	10 µL	10 µL	25 µL	White ½ AreaPlate-96 (cat # 6005560) White OptiPlate-384 (cat # 6007290) Light gray AlphaPlate™-384 (cat # 6005350)
	1 250	20 µL	2 µL	4 µL	4 µL	10 µL	Light gray AlphaPlate-384 (cat # 6005350) ProxiPlate™-384 Plus (cat # 6008280) White OptiPlate-384 (cat # 6007290)
	2 500	10 µL	1 µL	2 µL	2 µL	5 µL	Light gray AlphaPlate-1536 (cat # 6004350)
AL3012F	5 000	50 µL	5 µL	10 µL	10 µL	25 µL	White ½ AreaPlate-96 (cat # 6005560) White OptiPlate-384 (cat # 6007290) Light gray AlphaPlate-384 (cat # 6005350)
	12 500	20 µL	2 µL	4 µL	4 µL	10 µL	Light gray AlphaPlate-384 (cat # 6005350) ProxiPlate-384 Plus (cat # 6008280) White OptiPlate-384 (cat # 6007290)
	25 000	10 µL	1 µL	2 µL	2 µL	5 µL	Light gray AlphaPlate-1536 (cat # 6004350)

3 Step Protocol described below is for 500 assay points including one standard curve (48 wells) and samples (452 wells). *If a different amount of samples are tested, the volumes of all reagents have to be adjusted accordingly.*

1) Preparation of 1X AlphaLISA Hi-Block Buffer:
   a. Add 5 mL of 10X AlphaLISA Hi-Block Buffer to 45 mL H_2O.

2) Preparation Ghrelin analyte standard dilutions:
   a. Reconstitute lyophilized Ghrelin (0.1 µg) in 100 µL H_2O. Analyte should be handled gently. Brief vortexing (1-2 seconds) and gentle up-and-down pipetting is tolerable.

   b. Prepare standard dilutions as follows in 1X AlphaLISA Hi-Block Buffer (change tip between each standard dilution):

Tube	Vol. of Ghrelin (µL)	Vol. of diluent (µL) *	[Ghrelin] in standard curve	
			(g/mL in 5 µL)	(pg/mL in 5 µL)
A	10 µL of reconstituted Ghrelin	90	1.00E-07	100 000
B	60 µL of tube A	140	3.00E-08	30 000
C	60 µL of tube B	120	1.00E-08	10 000
D	60 µL of tube C	140	3.00E-09	3 000
E	60 µL of tube D	120	1.00E-09	1 000
F	60 µL of tube E	140	3.00E-10	300
G	60 µL of tube F	120	1.00E-10	100
H	60 µL of tube G	140	3.00E-11	30
I	60 µL of tube H	120	1.00E-11	10
J	60 µL of tube I	140	3.00E-12	3
K	60 µL of tube J	120	1.00E-12	1
L	60 µL of tube K	140	3.00E-13	0.3
M ** (background)	0	100	0	0
N ** (background)	0	100	0	0
O ** (background)	0	100	0	0
P ** (background)	0	100	0	0

* Dilute standards in diluent (e.g. 1X AlphaLISA Hi-Block Buffer).
At low concentrations of analyte, a significant amount of analyte can bind to the vial. Therefore, load the analyte standard dilutions in the assay microplate within 60 minutes of preparation.

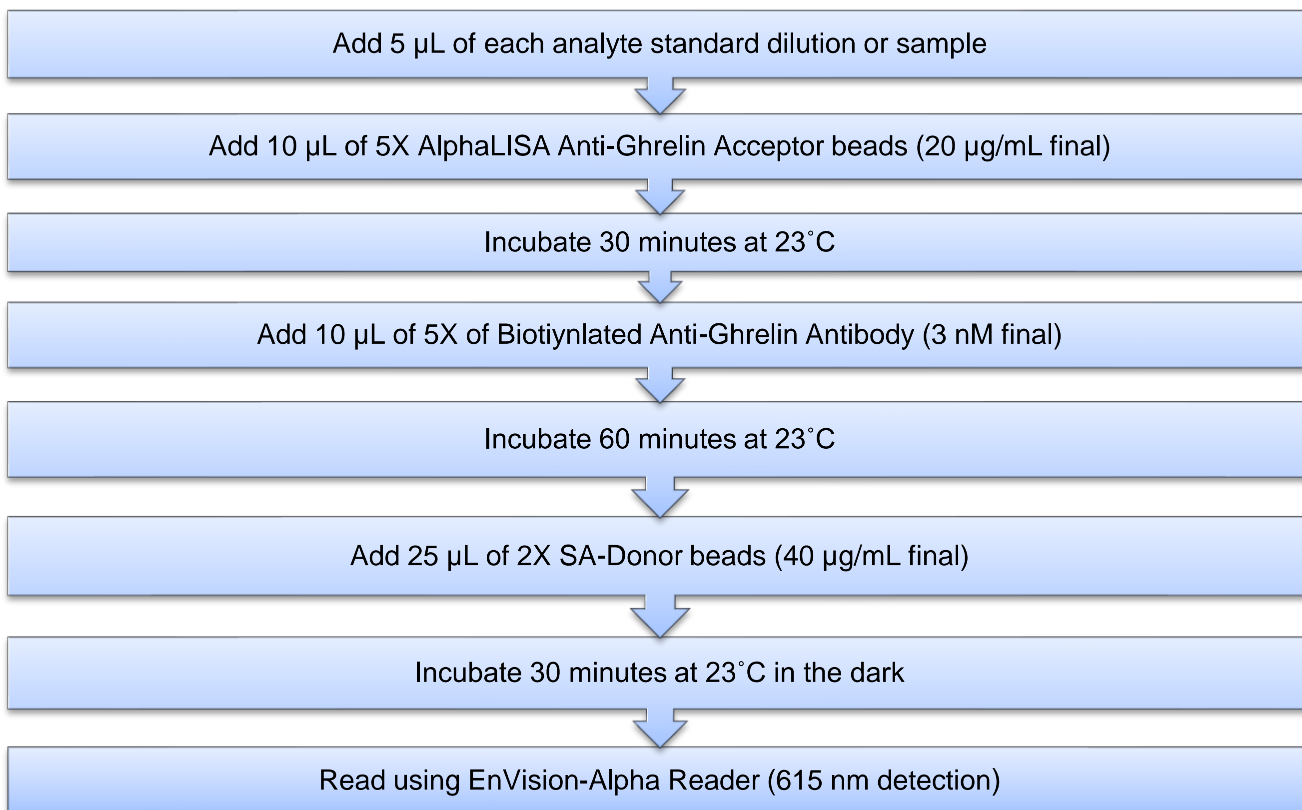
** Four background points in triplicate (12 wells) are used when LDL is calculated. If LDL does not need to be calculated, one background point in triplicate can be used (3 wells).

3) Preparation of 5X Anti-Ghrelin AlphaLISA Acceptor beads (100 µg/mL)
   a. Prepare just before use.
   b. Add 100 µL of 5 mg/mL AlphaLISA Anti-Ghrelin Acceptor Beads to 4900 µl of 1X AlphaLISA Hi-Block Buffer.

4) Preparation of 5X Anti-Ghrelin Biotinylated antibody (15 nM)
   a. Prepare just before use.
   b. Add 150 µL of 500 nM Anti-Ghrelin biotinylated antibody to 4850 µl of 1X AlphaLISA Hi-Block Buffer.

5) Preparation of 2X Streptavidin (SA) Donor beads (80 µg/mL):
   a. Prepare just before use.
   b. Keep the beads under subdued laboratory lighting.
   c. Add 200 µL of 5 mg/mL SA-Donor beads to 12 300 µL of 1X AlphaLISA Hi-Block Buffer.

6) In a white Optiplate (384 wells):



Data Analysis

- Calculate the average count value for the background wells.
- Generate a standard curve by plotting the AlphaLISA counts versus the concentration of analyte. A log scale can be used for either or both axes. No additional data transformation is required.
- Analyze data according to a nonlinear regression using the 4-parameter logistic equation (sigmoidal dose-response curve with variable slope) and a $1/Y^2$ data weighting (the values at maximal concentrations of analyte after the hook point should be removed for correct analysis).
- The LDL is calculated by interpolating the average background counts (12 wells without analyte) + 3 x standard deviation value (average background counts + (3xSD)) on the standard curve.
- The LLOQ as measured here is calculated by interpolating the average background counts (12 wells without analyte) + 10 x standard deviation value (average background counts + (10xSD)) on the standard curve. Alternatively, the true LLOQ can be determined by spiking known concentrations of analyte in the matrix and measuring the percent recovery, and then determining the minimal amount of spiked analyte that can be quantified within a given limit (usually +/- 20% or 30% of the real concentration).
- Read from the standard curve the concentration of analyte contained in the samples.
- If samples have been diluted, the concentration read from the standard curve must be multiplied by the dilution factor.

Assay Performance Characteristics

AlphaLISA assay performance described below was determined using the 3 step protocol using AlphaLISA Hi-Block Buffer (HBB) and cell culture media (DMEM or RPMI) supplemented with 10% fetal bovine serum. In all cases assay components other than analyte were always prepared in HBB.

- Assay Sensitivity:

The LDL was calculated as described above. The values correspond to the lowest concentration of analyte that can be detected in a volume of 5 µL using the recommended assay conditions.

LDL (pg/mL)	Buffer *	# of experiments
90.2	HBB	6
54.8	DMEM	6
107.3	RPMI	6

* The standard was prepared in these diluents and all other components were diluted in HBB. Note that LDL can be decreased (i.e. sensitivity increased) by increasing the volume of analyte in the assay (e.g. use 10 µL of analyte in a final assay volume of 50 µL).

- Assay Precision:

The following assay precision data were calculated from the three independent assays using two different kit lots. Each assay consisted of one standard curve comprising 12 data points (each in triplicate) and 12 background wells (no analytes). The assays were performed in 384-well format.

- Intra-assay precision:

The intra-assay precision was determined by averaging 6 experiments each with 12 independent determinations in triplicate. Shown as CV%.

Ghrelin	HBB	DMEM	RPMI
CV (%)	5	6	6

- Inter-assay precision:

The inter-assay precision was determined comparing 6 experiments each with 12 independent determinations in triplicate. Shown as CV%.

Ghrelin	HBB	DMEM	RPMI
CV (%)	11	11	15

- Spike Recovery:

Known concentrations of analyte were spiked into buffer or media. All samples, including non-spiked buffer or media were measured in the assay. Note that the standard curves were prepared in their respective buffer or media.

Spiked Ghrelin (ng/mL)	% Recovery		
	HBB	DMEM	RPMI
10	96	110	101
3	102	97	102
1	102	99	99

- Specificity:

Cross-reactivity of the Ghrelin AlphaLISA Kit was tested using the following proteins at the Ec_{50} of the Active Ghrelin standard curve performed in HBB. Rat ghrelin was determined to have an LDL less sensitive (~500 pg/mL) compared to Human ghrelin. If you desire to quantify rat ghrelin it is recommended to use rat ghrelin as an analyte standard.

Protein	% Cross-reactivity
Active Human Ghrelin	100
Inactive Human Ghrelin	125
Human Obestatin	16
Rat Active Ghrelin	14
Rat Inactive Ghrelin	40

Human Serum and Human Plasma Experiments

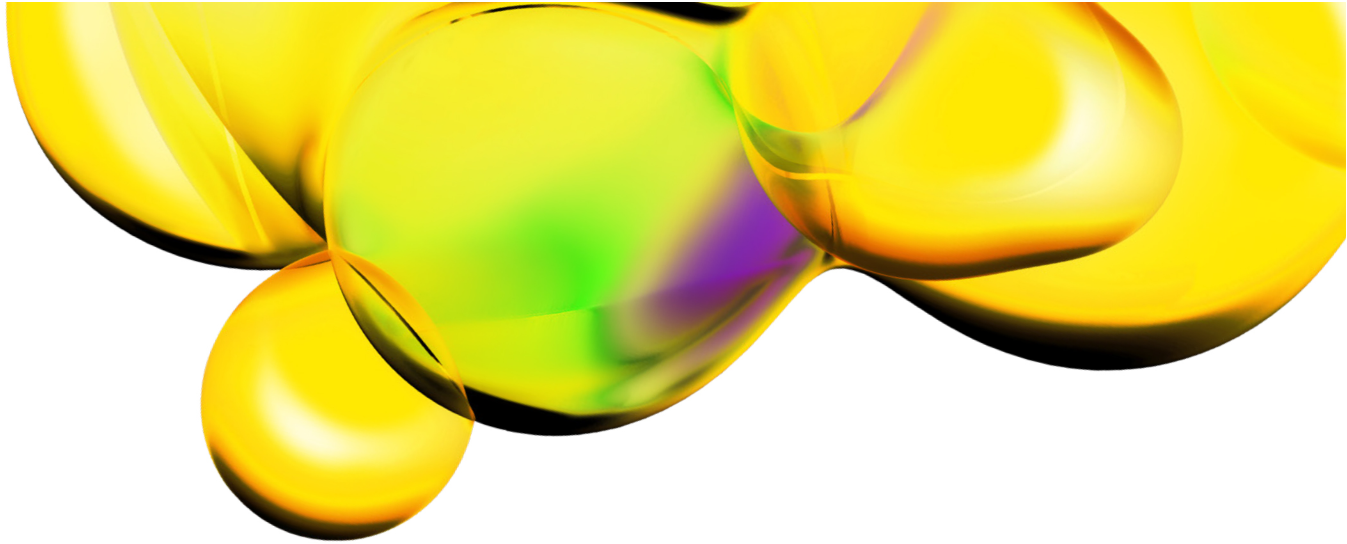
Known concentrations of Ghrelin were spiked into both human plasma and human serum and diluted linearly in Hi-Block Buffer to determine the required dilution factor for accurate quantification. It is recommended to dilute your samples about 2 - 8 fold for accurate recovery. Please note that this may need to be adjusted depending on the quality of serum and plasma samples.

Dilution Factor	% of ghrelin recovered in serum	% of ghrelin recovered in Plasma
2	108	117
4	96	90
8	86	80
16	81	74
32	75	69

Troubleshooting Guide

You will find detailed recommendations for common situations you might encounter with your AlphaLISA Assay kit at:www.revvity.com

RESEARCH USE ONLY. NOT FOR USE IN DIAGNOSTIC PROCEDURES.



The information provided in this document is for reference purposes only and may not be all-inclusive. Revvity, Inc., its subsidiaries, and/or affiliates (collectively, "Revvity") do not assume liability for the accuracy or completeness of the information contained herein. Users should exercise caution when handling materials as they may present unknown hazards. Revvity shall not be liable for any damages or losses resulting from handling or contact with the product, as Revvity cannot control actual methods, volumes, or conditions of use. Users are responsible for ensuring the product's suitability for their specific application. REVVITY EXPRESSLY DISCLAIMS ALL WARRANTIES, INCLUDING WARRANTIES OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE, REGARDLESS OF WHETHER ORAL OR WRITTEN, EXPRESS OR IMPLIED, ALLEGEDLY ARISING FROM ANY USAGE OF ANY TRADE OR ANY COURSE OF DEALING, IN CONNECTION WITH THE USE OF INFORMATION CONTAINED HEREIN OR THE PRODUCT ITSELF

www.revvity.com

revvity

Revvity, Inc.
940 Winter Street
Waltham, MA 02451 USA
www.revvity.com

For a complete listing of our global offices, visit www.revvity.com
Copyright ©2023, Revvity, Inc. All rights reserved.